



Wednesday
October 30, 2024

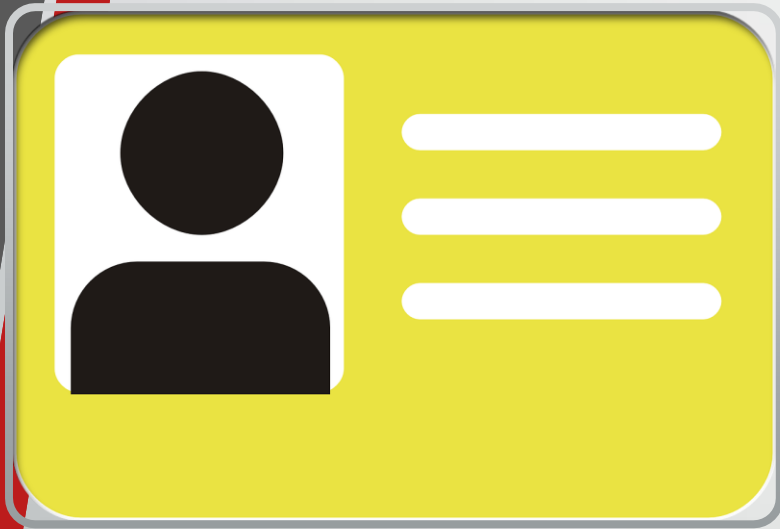
Heritage Woods Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



If you have not
picked up your
Student ID card,
please come to the
office for pick up

FLEXpectations

FLEX is instructional time, not a break!



- **Go to one of your four classes**
- **No cell phone use**
- **Only Grade 12S in the Grand Hall**
- **Library is for quiet work only**
- **Where you start is where you finish,
no moving from class to class**

No homework?
Read, Study, Review



Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

SKI & SNOWBOARD TEAM

Registration forms due this week if you want to guarantee a spot on the bus. See Mr. Baldus in room 316 for more info.



HALLOWEEN PHOTO BOOTH

BY PHOTO CLUB

THURSDAY, 31 OCTOBER 2024

PERIOD 2 – 5, INCLUDES FLEX & LUNCH

OUTSIDE THE FRONT OF HWSS

**\$2 for instax square
free for digital**



Music Students Con Brio – Sun Peaks Festival Trip!

- Parent meeting on Wednesday, Oct. 30
 - See TEAMS for details
- 7:00 pm





ATTENTION: CLC 12

Ms. Ferrer's CLC class will be meeting
on Wednesday, October 30th
During FLEX in the Library

It's Halloween Spirit Week!



QR Code for sign up



**See the next slide for
today's event!**

Some have some Halloween fun in the gym where there will be the Halloween Spirit Games in the gym, led by Athletic Leadership
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Wednesday, October 30th

Halloween Spirit Games in the gym

Come have some Halloween fun in the gym
where there will be the Halloween Spirit Games
in the gym, led by Athletic Leadership



Volunteers Needed to Serve @Community Dinners

Who? Students interested in culinary or hospitality field/experience

What? Help with Community Dinner (some prep, serve, set up and take down)

When? 4-7:30 PM, 3rd Wednesday every month

Where? St. Stephen's Church (near Loughheed Mall & Cameron Rec. Centre)

+You will be learning and helping under the guidance of a Red Seal Chef

+You are invited to partake in the community meal

+Letters acknowledging volunteer hours and reference letters available

Email Chef Theresa Lum for more information: tmlum@hotmail.com



CLUBS





Cancer Research Club

In partnership with VGH & UBC Hospital Foundation

Research Opportunities

Gain insight into groundbreaking cancer studies
Learn about innovative technologies like ctDNA blood tests

Career Exploration

Explore careers in oncology and biomedical research
Connect with professionals at VGH & UBC Hospital Foundation

Volunteer Hours

Earn valuable volunteer experience
Contribute to meaningful cancer research projects

Join Using Team Code:
et641re

A stylized graphic featuring a white silhouette of a snowboarder in mid-air, performing a jump. The snowboarder is positioned in the upper left quadrant. Below them is a blue snowboard. The background consists of a dark blue sky with a subtle grid pattern, and a white mountain range with blue shadows at the bottom. A black silhouette of a forest line runs along the bottom edge.

SKI & SNOWBOARD CLUB

SIGN UP IN ROOM 314

FIRST TRIP:
January 23rd

Do you....

- Value student voice
- Want to make an impact on our community
- Wish to collaborate with different student leaders

JOIN THE SLC **SECONDARY** **PROGRAM**



SCAN ME



First Meeting:

Nov 7th, Thursday

4:00–5:30@Pinetree Secondary

in the learning commons

open to all SD43 secondary students, no application necessary!

DEBATE CLUB

Every Thursdays at lunch

NEXT WEEK'S TOPIC

Fallacies Examination #1

Fallacies are arguments that appear to be true at first glance but are deceptive, incorrect, and not logical.



Room 235

KODIAK ATHLETICS





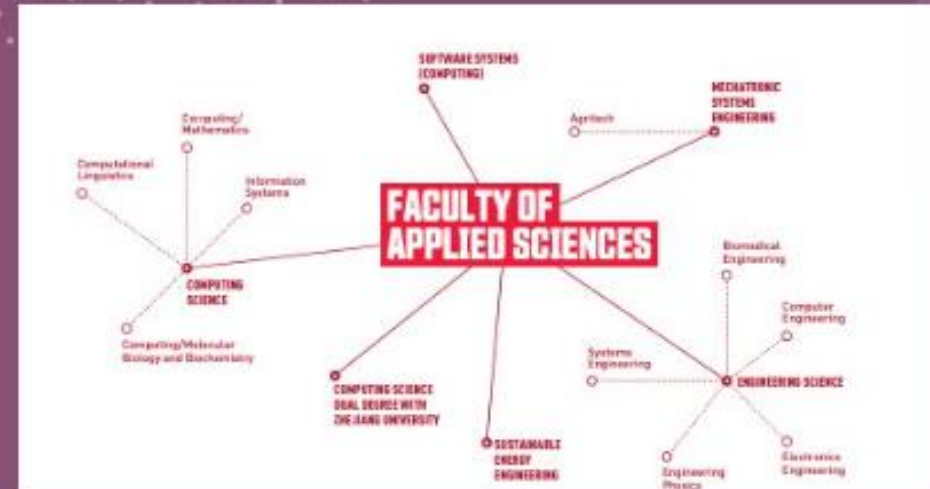
Wrestling team
meeting for all
new and
returning
wrestlers in the
mat room on
Friday,
November 1st at
12:30 pm

CAREER CENTER



SFU Faculty of Applied Sciences at HWSS

- Join us Oct. 30 at lunch in the library computer lab
- Rep from SFU FAS will be here to answer your specific questions about what you can expect, program offerings, co-op, study abroad and more.
- SFU is the #1 Ranked Canadian Comprehensive University for 15/16 years



SFU